

MOCK EXAMINATION  
PHYSICAL EDUCATION  
MARCH/APRIL 2018  
TIME 2 ½ HRS

NAME \_\_\_\_\_ INDEX No. \_\_\_\_\_

Candidate's signature \_\_\_\_\_ Date \_\_\_\_\_

**Instructions to candidates**

1. Write your name and index number in spaces provided above.
2. Sign and write the date of examinations in spaces provided above.
3. This question paper consists of TWO section; A & B
4. Answer ALL questions in section A.
5. Answer any TWO questions from section B.
6. Answers should be written in the spaces provided in this booklet.
7. Do not remove any pages from this booklet.
8. Candidate should answer the questions in English.

**For examiners use only**

Section	Question	Maximum score	Candidates score
A	1	12	
	2	11	
	3	13	
	4	12	
	5	12	
B	6	20	
	7	20	
	8	20	
		Total score	

This paper consists of \_\_\_\_\_ printed pages.

**Section A**

1. a) Identify four themes of educational gymnastics. 4mks

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b) Explain the term Non-locomotor skills as applied in Physical Education. 2mks

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c) Explain two instances when a competitor can be disqualified in a marathon competition. 2mks

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d) Indicate the distance covered in the listed categories of events in a cross country competition. 4mks

Men event -----  
Women event -----  
Junior men event -----  
Junior women event-----

2. a) Highlight five factors to consider when adjudicating a primary schools gymnastics competition. 5mks





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c) Give two examples of tackles in a game of Rugby. 2mks

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d) Why is spacing pullers a crucial factor in Tug of war. 2mks

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e) Mention any two throwing skills used by fielders during a game of Rounders.  
2mks

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f) Give any two reasons as to why the League cum knock out competition format is popular. 2mks

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5. a) Outline four teacher-related factors that may influence the choice of teaching style in Physical Education. 4mks

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b) State four reason for group work during a Physical Education lesson. 4mks

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c) List four categories of learners with mental retardation. 4mks

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6. a) i) Name at least four shooting styles in Basketball. 4mks

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ii) Explain the following time fouls in a game of Basketball.

3 seconds rule 2mks

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8 seconds rule 2mks

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iii) Explain at least TWO technical fouls in a game of Basketball. 2mks

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b) i) Name the bodies which govern each of the following tournaments.

World cup -----

World youth championships -----

African club championships -----

Champions league ----- 4mks

ii) Outline the substitution procedure in a game of soccer. 4mks

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iii) Identify the best method of organizing a competition of game of soccer where 30 teams register. 2mks

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7. a) i) State the measurements of each of the following features in a hockey pitch

Centre line -----

Side line -----

Back line -----

Shooting line -----

4mks

ii) Discuss the roles of a captain in a game of hockey. 3mks

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iii) Explain at least three requirements for a free hit in a game of hockey. 3mks

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b) i) What is revolving substitution in a game of Netball? 2mks

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ii) State the occasions when the game of Netball is started from the centre circle. 4mks

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iii) Identify the instances when a goal is valid in a game of Netball. 4mks

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8. a) i) Identify two consequences of a rotation fault in the game of Volleyball. 2mks

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ii) State three incidences when the ball is 'OUT' in volleyball/ 3mks

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iii) Mention two '**Playing faults**' that a player can commit during the game of volleyball. 2mks

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iv) Misconduct in the game of volleyball is sanctioned. Identify any two sanctions given by the referee. 2mks

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v) State how a winner is determined in the game of volleyball. 1mks

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- b) i) Draw the Handball field of play and identify at least five features. 5mks

ii) Give the two names of each referee in Handball. 2mks

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iii) State how the game of Handball is started. 1mks

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iv) State the consequences of

- Faulty substitution -----  
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- Illegally denying a player a clear chance of scoring. 2mks

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