

Name _____ Index No. _____
 Class _____
 Candidate's Signature _____
 Date _____

2014
 PI PHYSICAL EDUCATION
 PTE MOCK EXAMINATION
 MARCH / APRIL 2018
 TIME: 2 ½ HOURS

**PRIMARY TEACHER MOCK EXAMINATION
 PHYSICAL EDUCATION
 2½ HOURS**

INSTRUCTIONS TO CANDIDATES

- a) Write your name, class and Index number in the spaces provided above.
- b) Sign and write the date of the examination in the spaces provided above
- c) The question paper consists of **TWO** sections: **A** and **B**.
- d) Answer **ALL** the questions in section **A**.
- e) Answer any **TWO** questions from section **B**.
- f) Answers to **ALL** the questions **MUST** be written in the spaces provided in this booklet.
- g) Do **NOT** remove any pages from this question paper
- h) **Candidates should answer the questions in English.**

FOR EXAMINER'S USE ONLY

| SECTION | Question | Maximum score | Candidates' Score |
|--------------------|----------|---------------|-------------------|
| A | 1 | 12 | |
| | 2 | 11 | |
| | 3 | 13 | |
| | 4 | 12 | |
| | 5 | 12 | |
| B | 6 | 20 | |
| | 7 | 20 | |
| | 8 | 20 | |
| TOTAL SCORE | | | |

**This paper consists of 10 printed pages
 Candidates should check the paper to ascertain that all the pages are printed as indicated
 and that no questions are missing**

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SECTION A (60 MARKS)

Answer all the questions in this section in the spaces provided.

1. a) Identify **three** ways of eradicating poverty through Physical Education (3 marks)

- b) State **five** differences between running sprints and long distance races in athletics (5 marks)

- c) Give **two** ways of improvisation necessary for a safe landing area in high jump (2 marks)

- d) Explain the term manipulative activities as applied in Physical Education (2 marks)

2. a) i) Give progressive analysis of performing hand spring in gymnastics (5 marks)

ii) Give an example of a balance in gymnastics (1 mark)

b) Highlight **three** reasons for teaching dance to learners in primary school during physical education lesson (3 marks)

c) Identify the position of the body during back crawl in swimming (2 marks)

3. a) i) Highlight **four** safety precautions that a Physical Education teacher should take during Physical Education lesson (4 marks)

ii) Identify **two** muscle injuries likely to occur during a Physical Education lesson (2 marks)

b) State **seven** factors to be considered for healthy diet for an athlete (7 marks)

4. a) State **two** situations when a full rounder is scored in rounders (2 marks)

b) Identify **two** situations when the umpire calls “A no Pitch” in a game of softball (2 marks)

c) Name **three** areas in a rugby court (3 marks)

d) Explain the command “Take the Strain” as used in tug of war. (2 marks)

e) Identify **three** instances when a Physical Education teacher can be sued for committing ‘Act of omission during a Physical Education lesson (3 marks)

5. a) Outline **six** reasons to support preparation of scheme of work by Physical Education teacher (6 marks)

b) State **four** ways of enhancing integrity in learners through Physical Education (4 marks)

c) Mention **two** adaptations a teacher would make to enable learners with visual impairment participate successfully in netball (2 marks)

SECTION B (40 MARKS)

Answer any two questions from this section in spaces provided.

6. a) i) Describe pivoting as applied in a game of basketball (2 marks)

ii) Explain **four** occasions when umpire can charge a player due to a technical foul in a game of basketball (4 marks)

iii) Highlight **four** duties and powers of a coach during a game of basketball (4 marks)

b) i) Give **one** reason why a soccer player should not dribble the ball for a long time in a game of soccer (1 mark)

ii) Explain **three** circumstances that can lead to execution of a droop ball in a game of soccer (3 marks)

iii) Sketch a soccer court and indicate the dimensions of the court, penalty arc, goal area and corner arc (6 marks)

7. a) i) Give **three** factors that determine the type of pass a player would use in a game of netball (3 mark)

ii) Explain **four** roles of a wing attacker in relation to team effort in a game of netball (4 marks)

iii) Give **three** instances that lead to stoppage of a match in a game of netball (3 marks)

b) i) Highlight **three** instances a penalty stroke is awarded in a game of hockey (3 marks)

ii) Give **three** main classifications of fouls in a game of hockey (3 marks)

iii) List **two** basic approaches used by a player during tackling in a game of hockey (2 marks)

iv) Explain **two** circumstances when the flick skill can be used in a game of hockey (2 marks)

8. a) i) State **three** effective offensive strategies a team can use during a game of handball. (3 marks)

ii) Explain the circumstances that can lead a player to use a reverse shot in a game of handball (2 marks)

iii) State **four** ways a field referee can use to penalize a team due to violation of the rules of handball game (4 marks)

iv) Mention when an overhead pass is commonly used in a game of handball (1 mark)

b. i) Give **three** types of blocks used in a game of volleyball (3 marks)

ii) Highlight **four** service related fault penalized during a game of volleyball (4 marks)

iii) Identify **three** situations when a player is supposed to use a dig in a game of volleyball (3 marks)
