

**P1HOMESCIENCE  
YEAR 2 (H10)  
MOCK EXAM  
MARCH, 2019  
TIME: 2 HOURS**

**INSTRUCTIONS TO CANDIDATE**

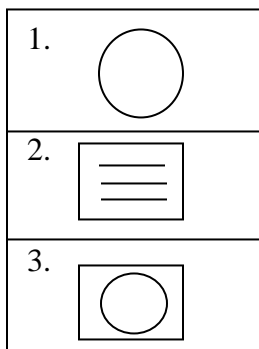
*Answer all questions in this paper*

**SECTION A – 60MARKS**

1. Name the two categories of cooking methods 2mks
2. Give three signs and symptoms of beriberi 3mks
3. Outline any two ways in which lifestyle can cause malnutrition. 2mks
4. Suggest three points to observe to minimize fatigue when working in the kitchen. 3mks
  
5. Outline three functions of vitamin C in the body. 3mks
  
6. Outline three advantages of using left over foods. 3mks
  
7. Outline three ways of managing a snake bite 3mks
  
8. Suggest any six items required for a bed bath when caring for a sick person at home. 6mks
  
9. Mention three factors that should be observed when administering medicine to a patient at home. 3mks
  
10. Give three reasons why there should be good ventilation in a house. 3mks
11. Give two reasons why babies should complete the immunization schedule. 2mks
12. State two reasons for finishing kitchen ware using enamel. 2mks
13. State two differences in structure between a sweeping broom and a scrubbing brush. 2mks
14. Suggest three reasons why Anaemia is common among adolescent girls. 3mks
15. Highlight three environmental dangers that are likely to result from plastic bags left lying in a compound. 3mks
16. Outline three disadvantages of an open drainage. 3mk
17. Give any four uses of salt in laundry work. 2mks

1. \_\_\_\_\_ 3. \_\_\_\_\_
2. \_\_\_\_\_ 4. \_\_\_\_\_

18. Interpret the following care label symbols 3mks



1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

19. Mention the three categories of permanent stitches **3mks**
20. Suggest any three legal requirements that should be observed when building a family house. **3mks**
21. Give two effects of smoking by an expectant mother on a new born baby. **2mks**
22. Give four reasons why it is important for an expectant mother to attend antenatal clinic. **2mks**

**Section B Methodology – 40 Marks**

23. You plan to teach a theory lesson on the topic “Nutritional diseases associated with lifestyle”
- i. State four preparations you would make for the lesson **4mks**
- ii. State four teaching/learning resources you would avail for this lesson **2mks**
- iii. List four diseases you are likely to mention during the introductory state of this lesson. **2mks**
- iv. Outline four strategies you would emphasize on to prevent diseases associated with lifestyle
24. You have planned to teach a practical lesson on care of stainless steel items found in the kitchen.
- i. List six teaching/ learning resources you will avail for the lesson **3mks**
- ii. Outline four learning activities during this lesson. **2mks**
1. \_\_\_\_\_ 3. \_\_\_\_\_
2. \_\_\_\_\_ 4. \_\_\_\_\_
- iii. Explain three reasons why you would use participatory approach when teaching this topic. **2mks**
- iv. Highlight three desirable qualities of stainless steel that would be mentioned in the lesson. **3mks**
25. You are planning to teach a lesson on making of a stitch sampler using demonstration method.
- a. State four preparation when planning for this lesson **4mks**
- b. State three ways of involving learners during this lesson. **3mks**
- c. Give three advantages of using demonstration method to teach this lesson. **3mks**
- d. Identify six professional documents necessary for effective delivery of this lesson. **3mks**
- e. State three appropriate methods of assessing this unit. **3mks**
- f. Suggest two ways of concluding the lesson. **1mk**